



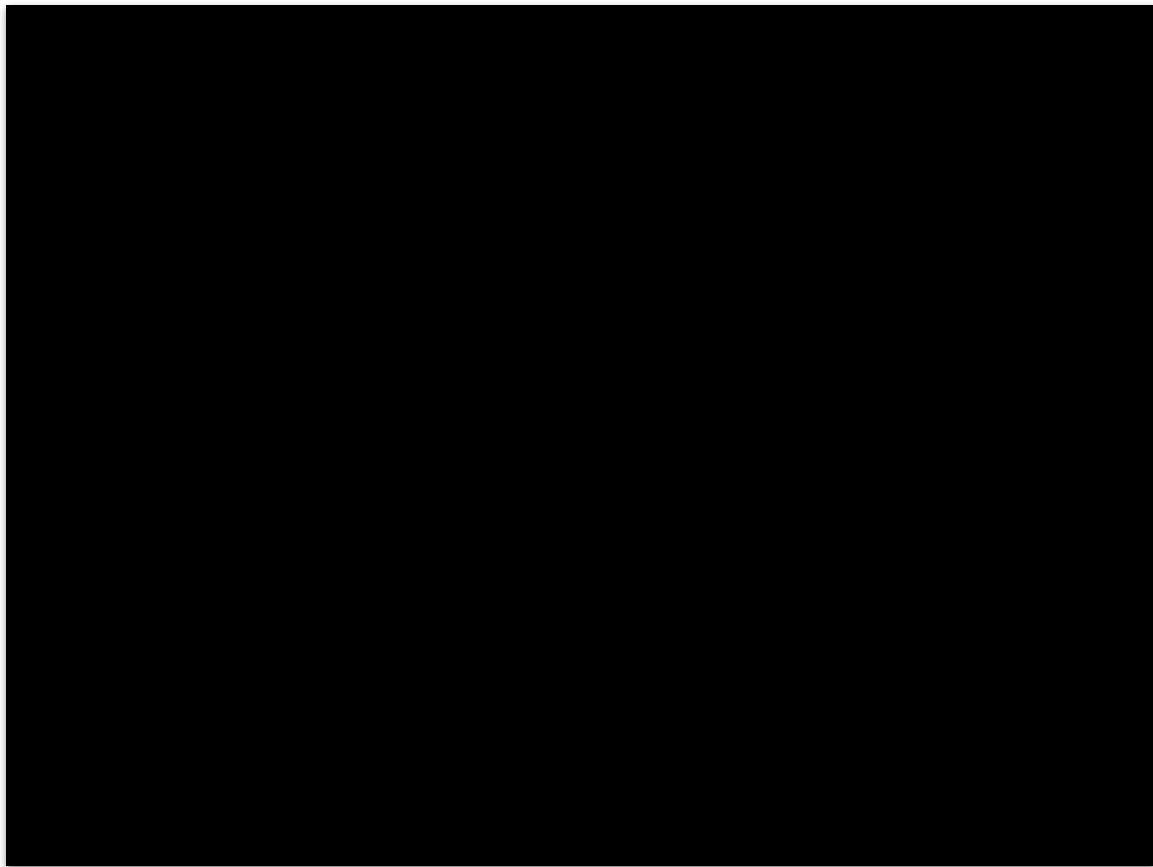
Wellness Policy Committee meeting

Rosemead School District



Objectives for today


- Go over what a wellness policy is?
- What can you help with!
- Split into groups to go over sections
- Come back to discuss what ideas we have in mind to implement the policy



Following meetings we will discuss

- What goals we have met
- The ones we still are working on?
- Tracking activities and updates to the policy

Item # 98264

 **[Year] Wellness Policy Report**
[District Name] [Your district logo here]

Our wellness Goals

We met these goals:

✓ [Insert goals that were successfully completed for nutrition promotion, nutrition education, physical activity, and other activities.]

We are still working on these:

✳ [Insert goals that were not started/completed for nutrition promotion, nutrition education, physical activity, and other activities.]

District Wellness Committee

Actively recruiting!

- ✓ Meets [frequency] about school health & safety
- ✓ Led by [name/position]
- ✓ Designates a [district and/or school] official to ensure that schools use the wellness policy



Current members include: [parents, students, teachers, administrators, food services representatives, other school staff, school board members, community partners, the general public, other]

Our District Wellness Policies

✳ [Insert policies for meal standards, competitive foods & drinks, celebrations, rewards, fundraisers, and marketing (with % of schools in compliance)]

Planning, Tracking, & Sharing

✳ [Insert activities related to implementation plans, triennial progress assessments, policy revisions & updates, and public notifications]

PROGRESS GOALS

Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
Nutrition Education Goal(s)			
Nutrition Promotion Goal(s)			
Physical Activity Goal(s)			
Other student wellness Goal(s)			
Additional Goal(s) Add more rows as needed			



Questions to discuss

- What goals do we want to accomplish ?
- ANY NEW IDEAS TO INFLUENCE STUDENTS TO EAT HEALTHY?
- WHAT BIRTHDAY CELEBRATIONS CAN WE THINK OF THAT ARE HEALTHIER OPTIONS?